

**Umrechnungstabellen****Table de conversion****Conversion tables****Tabla de conversion**

Nm	kpm	ft-lbs.
10	1.02	7.38
15	1.53	11.06
20	2.04	14.75
25	2.55	18.44
30	3.06	22.13
35	3.57	25.81
40	4.08	29.50
45	4.59	33.19
50	5.10	36.83
55	5.61	40.57
60	6.12	44.26
65	6.63	47.94
70	7.14	51.63
75	7.65	55.32
80	8.16	59.01
85	8.67	62.69
90	9.18	66.38
95	9.69	70.07
100	10.20	73.76
105	10.71	77.44
110	11.22	81.14
120	12.24	88.51
130	13.26	95.89
140	14.28	103.26
150	15.30	110.64
160	16.32	118.02
170	17.34	125.39
180	18.36	132.77
190	19.38	140.14
200	20.40	147.32
210	21.42	154.90

kpm	Nm	ft-lbs.
1	9.81	7.23
2	19.61	14.47
3	29.42	21.70
4	39.23	28.93
5	49.03	36.17
6	58.84	43.40
7	68.65	50.63
8	78.45	57.86
9	88.26	65.10
10	98.07	72.33
11	107.87	79.56
12	117.68	86.80
13	127.49	94.03
14	137.29	101.26
15	147.10	108.50
16	156.91	115.73
17	166.71	122.96
18	176.52	130.20
19	186.33	137.43
20	196.13	144.66
21	205.94	151.89

ft-lbs.	Nm	kpm
5	6.78	0.69
10	13.56	1.38
15	20.34	2.07
20	27.12	2.76
25	33.90	3.46
30	40.68	4.15
35	47.46	4.84
40	54.24	5.53
45	61.02	6.22
50	67.80	6.91
55	74.58	7.60
60	81.36	8.29
65	88.14	8.98
70	94.92	9.67
75	101.70	10.37
80	108.48	11.06
90	122.04	12.44
100	135.60	13.82
110	149.16	15.20
120	162.72	16.58
130	176.28	17.97
140	189.84	19.35
150	203.40	20.73

1 Nm = 0,102 kpm

1 Nm = 0,73756 ft-lbs.

1 kpm = 9,807 Nm

1 kpm = 7,233 ft-lbs.

1 ft-lb. = 1,356 Nm

1 ft-lb. = 0,1382 kpm